



CLIFTON BEACH SURF LIFE SAVING CLUB INC

"PREMIER CLUB"

1990/91, 1993/94, 1998/99, 2006/07, 2008/2009

BEAR FACTS NEWSLETTER

March 2020

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President's Report

Hi all Cliftoner's

As mentioned in our last Bear Facts we had a big month coming up and Wow! What a great month of action we have seen at Clifton and at the Junior State Titles at Carlton Park.

Before I report on the activities in the water and on the beach, I would like to congratulate the five outstanding Under 14's who all interviewed magnificently in front of the panel which included myself, Renee Potter and Simon Bailey.

We all look forward to James Fullerton, Austin Franks, Cate Clingeffer, Maya Chapman and Oneone Schofield progressing through to Senior's and continuing their journey in Surf Life Saving.

Although each one excelled in different parts of the interview, we can have only one winner and we again congratulate Maya Chapman who represented our Club in the Junior Life Saver of the Year. "Well done Maya".



Back to the beach, congratulations to all our competitors, Water Safety, officials and Ground Crew for a successful Junior and Senior Carnival held on 15th and 16th February, 2020 when the weather Gods were with us and this was followed up by the Tassie Hydrothon All Female Festival on 22nd and 23rd February, 2020 where twelve of the top Iron Women Australia were brought to Tassie to carry out clinics and compete on Sunday along with three of our own competitors Kate Reardon, Asta Mitchelmore and Miriam Boulton.



We thank Steve Southwell, pictured here with all the Iron Women for bringing Hydrothon to Clifton with the assistance of Surf Life Saving Tasmania, Events Tasmania, Macquarie Sports, Ryobi and our Senior Coach, Craig Sly.

It was a fantastic weekend for the Club and the all the Iron Women enjoyed their relaxed time at our Club which included a great night headed up with music on the Clifton deck and enjoying roast rolls and curries.

A couple of highlights of the night were an endless Conga line dancing through the Club and the green lights of the Australian Aurora Borealis.

The following weekend we had the Junior State Titles at Carlton where we had another weekend of perfect weather with a reasonably large swell which unfortunately meant the cancellation of a lot of the events on Sunday, but before that time, some magnificent results were achieved by our Nippers, not the least being our Under 14 Girls winning every event. Too many other highlights for me to mention here, but well done to those who competed. It was fantastic to see the Clifton skills shining through.



Let me finish off by thanking our Sponsorship Co-Ordinator David Lancaster and our long term Club sponsors the Eastern Shore Doctors and the Hobart Skin Clinic for their ongoing support which has allowed the Club to purchase two new club tents. Thanks again.

Good luck to our Senior's when competing at the State Titles to be held in Burnie and to those who are travelling to the Aussies.

A big thank also to our patrolling members who have kept Clifton Beach a safe place this season.

Cheers Rogo

List of First Female Life Savers from Clifton Beach SLSC

As the focus is on 40 years ago Females were allowed to become patrolling members of SLSC.

First "Females" that EMBRACED the CHALLENGE to become a Surf Life Savers at the Clifton Beach SLSC

Those that gained their Bronze Medallion at Clifton Beach SLSC 18-01-1981

Sarah Diubaldo

Heather Bradley

Anna Glowacki

Natalie Brown

Marcelle McCarthy

IRB Crew

Tracey Henderson & Wendy Abbott 30-10-1983

IRB Driver

Rachael Catlin 8-12-91

Instructors Certificate

Vanessa & Lynda Smith 16-1- 1983

- ❖ In next newsletter there will be some photos of the females and several reports from some older members of the club.

Club Captains Report

Over the last two months our club has shown that we are capable of holding both state and national events. The junior carnival and Hydrothon event were an outstanding success. The Hydrothon event allowed us to show case our clubs facilities and beautiful beach to the nation. It should not be underestimated how this exposure has elevated our club as the number one location in the state for holding future Hydrothon events as well as any event which Hydrothon organiser Steve Southwell may want to bring to Tasmania.

We could not have achieved this without the many volunteers who gave up their time to assist with the canteen, set up and pack up and water safety over the two weeks that the events were held. Bettina and Anthea have shown once again their outstanding catering skills in the canteen. They were assisted with many helpers including Greg, Tony, Pete, Ron and Barney who cooked up a storm on the BBQ over the two weekends.

Ned Reardon assisted by Whyte took on the water safety coordination for the junior and senior carnivals and were supported over the two days by many of our volunteers and seniors competitors. A big shout out to our senior members who provided water safety for the junior carnival as I realise the commitment made being that you also had to compete the next day in the senior's carnival. It was outstanding to see many of these people backing up over the two weekends to ensure that competitors were kept safe at all times and to ensure that the events were able to run smoothly.

Finally I would like to thank Clinger, Barney, Rogo, Leon Bishop, Simon and Whyte who assisted me with organising both events. Your support is very much appreciated.

Our senior competitors will soon head off to Burnie to do battle with their fellow competitors from other clubs. Craig Sly has once again provided great coaching leadership and sound advice to this group of individuals. We wish them great success for the state carnival.

As we head into autumn it signals the end is near for our patrols, nippers program and surf sports completion. Whilst these activities are finalising for the summer it does not mean that we stop being active and striving to become better at what we do.

The Club is looking at ways to provide opportunities to the members in the colder months. Senior Coach Craig Sly is working on a program for our senior and current U13 and U14 competitors to ensure that they are kept active in the cooler months.

Our surf boats members wish to build their ranks back up and are wanting to offer some come row days at Seven Mile beach or similar so keep your eyes open for further information on this activity or, if you require further information contact Club President Craig Rogerson.

Members can also go online via the SLST website and complete their age manager's course, officials' course and coaches' course. We will look at offering some sessions at the club to facilitate this process.

If you have any suggestions about what the club could offer over the cooler months then send them through to me.

The committee recently finalised the Clubs three year plan which will be made available to members soon. The plan plots a pathway for the club which will ensure that we continue to grow and support our members across all areas so that our core function of providing lifesaving service to the community is maintained.

One goal that the Club has is to increase our membership and for the 5th year in a row we have done this. At 415 members we are now the biggest surf lifesaving club in Tasmania. Why this is an outstanding achievement we need to also focus on retaining members so that they become long term contributors to our great club and community.

Another of our key areas which we need to focus on is the resourcing of our patrols. Long term we need to expand our patrols out to ten from our present six. This will allow more flexibility for our members and better ability to cover non-essential lifesaving commitments. Our first step in achieving this will be to focus on our current U13 members.

These members will be offered the opportunity to complete their surf rescue certificate before next patrol season starts and would boost our patrol numbers by 17 members. Importantly we encourage parents and carers to compete either their bronze or SRC with their children. It is never too late to do this, Ron Kelly our 2020 Australian Day Award winner completed his Bronze at age 47 (I just did mine at 48 along with another member who is 50) and Ron has gone on to complete over 1200 hours of patrols. If required the club can organise some pool sessions before the courses start so that people can work on their swimming and fitness.

Finally the committee is turning it focus towards securing funding towards the renovation of the upstairs function area. We need to ensure that the club house is expanded to ensure that we can house our members and to ensure that as we grow so does our ability to offer well-resourced facilities. The planned build will include remodelling and expansion of the upstairs function room which will include a new kitchen, toilets, meeting room and possibly a gymnasium.

So as we leave an exciting season behind us we also look forward to what lays ahead of us.

See you on the beach soon.

Simó

Keys

As we approach our final patrols and nipper sessions for the season we are asking all members to please return their Club keys following their last patrol.

Before leaving the Club lock the front door then come back to outside the office and place your key in a container located in the tray next to the office door and sign your key back in.

This is to ensure we know where all our keys are and that they are with the right people who require Club access. Keys will be issued to the appropriate members prior to the commencement of the next season.

This is of course with exemption to members who require access to the facilities over the off season for training purposes. If think you need to hold onto your key please discuss this further with **Simon** or **Rogo**.

Water Safety/Training from Ned

Water Safety

We have had a massive few weekends, first the Clifton Carnival, The Hydrothon and then the Junior State Championships.

These events aren't possible without the support of our members and in particular our water safety. Over the last 3 weeks we have seen a huge number of hours put into water safety whether it be First Aid, in an IRB or in the water.

It's awesome to see our newest bronze and SRC members all the way through to those who have been doing it for years all getting around and supporting the Club and these fantastic events. So "thankyou"!!



Bronze and SRC Training

Earlier this month we saw our second batch of members be assessed for their Bronze Medallion and SRC awards... and pass!! This is an awesome achievement and the result of many hours of training and hard work. Don't forget to say hi to our newest lifesavers as they join patrols and water safety.



Thank You" to the club's Supporter and Sponsors

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Australian Lions Foundation	Tasmania Lions Foundation	Clarence Lions Club

Nipper Report from Anthony

Wow! It has been an epic month for the Nippers! Carnivals, training, fun, Hydrothons; it has all been happening. It has been really pleasing to see so many people involved in the different activities we have been running. We have had great participation in all the carnivals, huge numbers at board training, and plenty of parents pitching in and helping run the program.

The Junior State Titles was a major event for us, and we were so rapt to see so many of our Nippers put into practice all the skills they had been learning during the year. It was our best result at the State Titles for a number of years, but it also highlighted the determination of our kids and the focus of working on small improvements to create big results. The Nippers have been a pleasure to work with at the carnivals and they have been a credit to the club and to their families.

Our Sunday sessions have continued to be well attended and supported by our families. Now is a good opportunity to thank all our coaches and age managers for their tireless work, and to all our fantastic canteen staff for keeping us fed and watered.

The season is not over yet, with three big weeks to come. Get along and finish a great year off, and keep your eye out for more exciting offerings coming your way.

See you on the beach.

Anthony



End of Season Patrol BBQ

As our patrol season comes to a close we are celebrating a successful season of patrols at our End of Patrol Season BBQ, all patrolling and water safety members and their families invited.

Come along from 3pm on Sunday 29th March. The bar will be open, free BBQ and a chance to share your thoughts on patrols for this season and how we can improve them going forward!

Please let us know if you're coming by shooting us an email at lifesaving@cliftonbeachslsc.com.au or via text to Ned on 0499 231 605.

We hope to see you there.

