



Clifton Beach Surf Life Saving Club
Bronze Medallion and Surf Rescue Certificate
INFORMATION PACK
2020/21



Overview

Thank you for showing interest in the upcoming Surf Rescue Certificate and Bronze Medallion course. These two qualifications are our core patrolling awards and enable our members to patrol and provide water safety for the community of Clifton Beach as well as being highly regarded as desirable awards both within the Surf Life Saving movement and the wider community.

Recognition of Prior Learning

It should be noted that recognition of prior learning (RPL) could be applicable to some candidates who may already hold current first aid qualifications or who have completed certain units in another recognised course (eg- Pool Bronze, Community Surf Life Saving Certificate). This should be discussed on an individual level with the trainer and necessary allowances can be made which could possibly include not attending certain sessions and also having your assessment signed off for certain units.

Course Requirements

Bronze Medallion (BM)

To commence training for the Bronze Medallion you must:

- be a financial member of an SLS club
- be at least 15 years of age on the final assessment date
- complete an unaided swim of 400 m in 9 minutes or less (see below section)

Surf Rescue Certificate (SRC)

To commence training for the Surf Rescue Certificate you must:

- be a financial member of an SLS club
- be at least 13 years of age on the final assessment date
- complete an unaided swim of 200 m in 5 minutes or less (see below section)

Pre-Requisite Swim

Due to the nature of the course content, a pre-requisite swim must be completed **PRIOR** to doing any aquatic training to ensure a safe level of ability of all candidates whilst participating in water activities. This is a national requirement for both of these awards. For the Surf Rescue Certificate (SRC) a swim of 200m in five minutes or less is required and for the Bronze Medallion, a 400m swim in nine minutes or less. This swim is a requirement of Surf Life Saving Australia. If required swim times are not met on the day a second attempt is allowed before beginning the aquatic rescue training sessions. Please discuss any concerns with your trainer.

What to bring

Please bring the following to all sessions:

- Water and snacks
- Pen and notepad
- Learner Guide and Assessment Portfolio (once handed out)
- Mobile or Tablet device with access to SLSC Publications App (downloaded from app store or good play store)
- Towel, bather and warm clothing
- Wetsuit (optional)
- Googles and Cap (optional)
- Pink Vest or similar (REQUIRED – can be purchased for \$30 from the Club)

Membership

In order to be eligible to complete any training with Clifton Beach Surf Life Saving Club you **MUST** be a **CURRENT** and **ACTIVE** financial member of Clifton Beach Surf Life Saving Club or a partner Club. This is a requirement for WHS and insurance reasons.

If you have any membership related questions, concerns and issues, please speak with the membership officer by emailing membership@cliftonbeachslsc.com.au or visiting www.cliftonbeachslsc.com.au/join

We understand that the COVID-19 pandemic may have caused hardship for some members, which may affect their ability to take out a membership with the Club. If you are in this situation, please email membership@cliftonbeachslsc.com.au.

Cost

After becoming a financial member of Clifton Beach SLSC, all course fees are covered for you by the club, as well as the purchasing of a of the Public Safety and Aquatic Safety Manual (\$30 rrp) and a full patrol uniform (if applicable). Please note, an additional cost may include the purchase of a pink vest if you do not already have one.

However, it is expected you join a patrol team over the Summer period and patrol the beach 5-6 times as part of our rostered system or provide the equivalent number of hours in water safety support for the Clubs events, carnivals and junior activities. All our trainers and assessors are volunteers and provide this training in an effort to develop future lifesavers.

Communications

All course correspondence will be conducted through email, so please make sure we have your current email address and contact number. Clifton Beach SLSC also have a private Facebook group which you can request to join <https://www.facebook.com/groups/219864235084947>

Online Learning Requirements

This course is developed as a blended learning style course and eLearning is required to be completed to ensure all content is covered. eLearning is accessed through the Surf Life Saving Australia Members Area. Please follow the step-by-step guide for accessing this, see link below.

<https://www.cliftonbeachslsc.com.au/lifesaving> (middle of page there is a link to the guide)

Sessions

Swim Proficiency Test: Sunday 29th November 2020 – 3pm to 4pm @ Hobart Aquatic Centre

- Thursday 3rd December 2020 – 6pm to 9pm @ Clifton
- Saturday 5th December 2020 – 9am to 4pm @ Clifton
- Monday 7th December 2020 – 6pm to 9am @ Clifton *(BRONZE ONLY)
- Saturday 12th December 2020 – 9am to 4pm @ Clifton
- Sunday 13th December 2020 – 9am to 4pm @ Clifton *(BRONZE PARTICIPANTS ONLY)

Assessment: TBC (help before Christmas)

[Register for the course NOW!](#)

Speak with Ned or email training@cliftonbeachslsc.com.au

